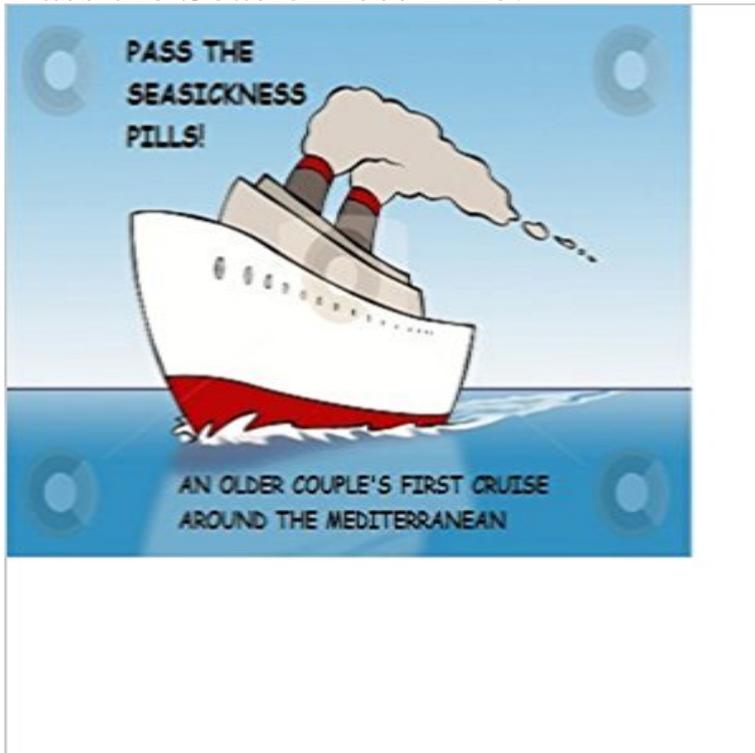


Pass the Seasickness Pills!



When they reached the age of 70, my parents both decided it was time that they went on their first cruise. With the spirit of adventure that has been attributed to other famous British explorers, such as Drake, Livingstone and Raleigh, they booked a cabin on a Mediterranean cruise. During the 10 days at sea, my father kept a journal, recounting his observations and the days events, which included some of the most atrocious weather imaginable, mediocre entertainment, average meals, annoying passengers, plenty of seasickness and regular visits to the ships doctor. In between, they enjoyed visiting such exotic ports of call as Lisbon, Gibraltar and Tangier. This honest and funny account of a first time cruise should be required reading for anyone getting on in years who has the urge to take a big trip somewhere.

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